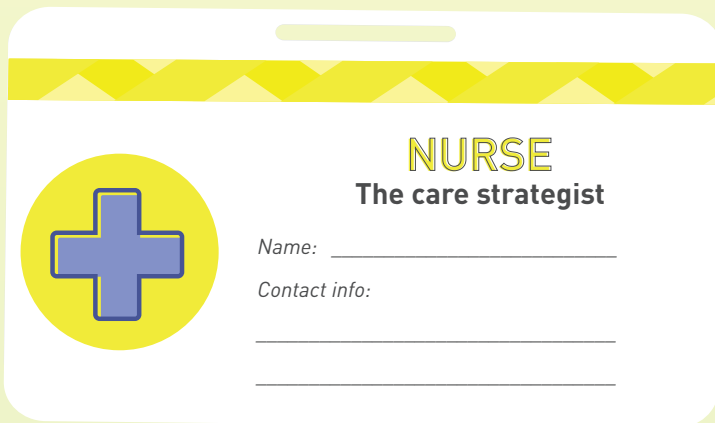


GETTING TO KNOW

YOUR CHILD'S CF CARE TEAM

Your child's cystic fibrosis (CF) care team is made up of several healthcare professionals who provide high-quality, specialized care. Get to know each member, how they can help you and your child, and the best way to contact them.

Keep in mind that your care team may include additional members and can change as your child gets older.




NURSE
The care strategist

Name: _____

Contact info: _____

Your nurse is often your primary contact on the care team and educator on CF. Turn to them with questions about your child's treatment plan, for help coordinating with other care team members, and for access to additional education and resources.

Your physician is an expert on CF care and will work with you to develop a care plan for your child. It is their responsibility to keep track of treatment guidelines, as well as new medications and therapies. You can go to them with any questions about the different parts of your child's care plan, like specific treatments, test results, and changes.



PHYSICIAN
The treatment plan architect

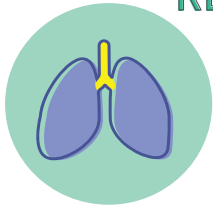
Name: _____

Contact info: _____



RESPIRATORY THERAPIST

The lung function guru



Name: _____

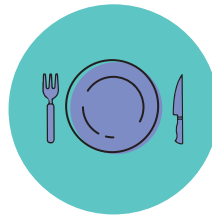
Contact info: _____

One big part of the respiratory therapist's job is to perform pulmonary function tests (PFTs) during Care Center visits. They are your point person for learning how to perform airway clearance techniques (ACTs), as well as how to properly take inhaled medications.

Your dietitian will develop a proper nutritional plan for your child. Reach out to them with questions about helping your child maintain a healthy weight. They can also offer recommendations for dietary supplements, vitamins, meal plans, and healthy eating habits.

DIETITIAN

The nutritional captain



Name: _____

Contact info: _____

SOCIAL WORKER

The healthy mindset master



Name: _____

Contact info: _____

Your social worker can help you navigate the ins and outs of living with CF—from dealing with insurance to coordinating mental health resources. You can turn to them for guidance on major life changes and the financial aspects of CF care, or to be referred to a specialist such as a psychologist. Your child can also rely on them for help maintaining a healthy mindset.

YOU AND YOUR FAMILY ARE IMPORTANT MEMBERS OF YOUR CF CARE TEAM

Everyone from your doctor to your social worker relies on your partnership in creating a specific care plan for your child. Working together through regular communication is essential for supporting your child's health.



Vertex and the Vertex triangle logo are registered trademarks of Vertex Pharmaceuticals Incorporated.

© 2022 Vertex Pharmaceuticals Incorporated | VXR-US-20-2200480 (v1.0) | 09/2022